

Karl-Heinz-Jost-Ultra+Hamburg Marathon 2018

Von Karsten Nolte

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By Karsten Nolte ~ Posted Sa, 05/26/2018 - 22:41

We were a small group of runners who departed from Husum in the morning with some supporters to our destiny Eckernförde on the other part of Schleswig-Holstein. Weather conditions were great, and we had a lot of fun. Our supportteam organized a great stop every ca. 5 km.



Start in Husum.



The support was excellent!



So, it was no wonder that we all finished in Eckernförde.



Thank you very much to all!

www.hohenasper-sc.de/laufen/karl-heinz-jost-ultra-marathon/

I had a short rest, and then i started a day later at the Hamburg- Marathon to get Training km for the

CSP-Run in Spain a week later. I finished the Marathon well, even i didn't thought about when i arrived in Eckernförde...

Quellen-URL: <http://karstenmolte.eu/myblog/karl-heinz-jost-ultrahamburg-marathon-2018>