

# Ironman Hamburg

Von *Karsten Nolte*

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After two days of rain before the start of the IM-Hamburg, everybody was happy in the morning to get wet only of the Alster-Wasser. The sun was seen at least for some minutes...the bike part was typical hamburg weather cold, wet, and in the end some sun. After 140 km on the bike i got a little warm, because of the sun. The run part was more pleasure. Sun, a lot of people on the run course at the Alster. I was very happy to reach the famous finish-line at least at daylight.



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Veröffentlicht auf Karsten Niels O. Nolte (<http://karstenolte.eu>)

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the names of the starters



**Quellen-URL:** <http://karstenolte.eu/myblog/ironman-hamburg>